



This Week's Coronavirus Community Update: IDD Resources

Dear Friends,

I hope this note finds you and your loved ones well and healthy. Today's information contains resources for individuals with intellectual or developmental disabilities (IDD) and their families. Please feel free to share this information with family members, friends and neighbors who may find it relevant.

As always, my office is here for you even as we work remotely. We can be reached by telephone at (707) 399-3011, (925) 513-0411 or via my [website](#) [email portal](#) should you have any questions or need help navigating any of the resources provided.

Stay strong, California

Sincerely,

Jim Frazier
Assemblymember, 11th District

NAMI Contra Costa & Solano County

NAMI works to offer support groups facilitated by trained family members and individuals who have firsthand experience coping with mental illness during this time. While the offices are closed, feel free to contact their specialists via telephone

- [NAMI Solano County](#) Resource Line: (707) 422-7792
 - [NAMI Contra Costa County](#) Warm Line: (925) 465-3864
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[Department of Developmental Services \(DDS\)](#)

DDS has updated their website with [COVID-19 information](#) for individuals & families, vendors, and service providers. The resources include safety information, frequently asked questions (FAQs), instructional videos and up-to-date guidelines for services via departmental directives.

- **[Association of Regional Center Agencies \(ARCA\)](#)**

ARCA's 21 Regional Centers across the state, overseen by DDS, are responsible for administering and coordinating services to individuals with intellectual or developmental disabilities. They have collected helpful information about stimulus payments, health care, and unemployment insurance on their website. I encourage you to utilize your regional center as a source of up-to-date local information regarding the impact of COVID-19.

[Department of Education \(CDE\)](#)

CDE has updated its website with COVID-19 information on distance learning, special education, school meals, mental health, and accountability. The department has included dedicated sections for frequently asked questions (FAQs), general resources, and on the executive orders impacting students and schools.

[Disability Rights California](#)

If you have questions about your legal rights during an outbreak, are seeing information that is not accessible from other agencies, or feel you are experiencing an extra layer of disability discrimination during this time, you may contact the Disability Rights California confidential intake line at 800-776-5746, available 9:00 am - 4:00 pm, Monday through Friday or For TTY call: (800) 719-5798.

[California State Council on Developmental Disabilities \(SCDD\)](#)

Consumers know best what supports and services they need to live independently and to actively participate in their communities. Through advocacy, capacity building and systemic change, SCDD works to achieve a consumer and family-based system of individualized services, supports, and

other assistance. You may reach SCDD by phone at (916) 263-7919 or toll-free at (833) 818-9886.

Employment Development Department (EDD) Programs

EDD will make all determinations on eligibility as well as benefits granted. For more information on either of the programs listed below or on the EDD website, please contact EDD directly at (800) 480-3287.

- **State Disability Insurance (SDI)**

Employees contribute to SDI through payroll taxes. Eligible employees can apply for SDI if their medical provider has deemed them disabled.

- **Paid Family Leave (PFL)**

This program provides employees partial wage replacement when taking time off work to care for parents, children, spouses and registered domestic partners or to bond with a new minor child. All employees who participate in the State Disability Insurance (SDI) program are also eligible for PFL.

The ARC of California

The ARC of California is greatly concerned about the threat of COVID-19 to people with disabilities, their families, and the workforce that supports them. We are compiling resources to help people with intellectual developmental disabilities (IDD), their families, and service providers to understand this global pandemic. During this time of emergency, feel free to visit their website and contact them for support and resources at (916) 552-6619.

Disability Voices United (DVU)

DVU has created a website with resources and recommendations for people with developmental disabilities and their families, including webinars, general resources, and self-care. [*Visita su sitio web para recursos en español.*](#)

The Autism Society of California

The Autism Society of California is a statewide support and advocacy network for individuals with an autism spectrum disorder and have developed a [COVID-19 resources page](#).
